

GEORGE CLOONEY

Disney

TOMORROWLAND

HUMANITARIAN
DREAMER

TO HELP
OTHERS

CARE TO GIVE

Nurture the Humanitarian Dreamer in your child
by creating a care package for people in need.

IDENTIFY THE GROUP YOU WISH TO HELP AND HOW:

FOOD DRIVE for a local food bank that distributes to **homeless population**.

BOOK DRIVE for a local **children's hospital**.

CARE PACKAGE for an **elderly home**.

HOW TO PUT YOUR CARE INTO ACTION:

CONTACT a local food bank, hospital or senior home to share your ideas and identify their specific needs. Choose one to work with.

DEFINE your project and timeline. For example, what specific food, book or care package items should be collected. Are there any items that should not be collected? What day would they like to have the items delivered.

COORDINATE the volunteers that are going to help by reaching out to friends and family.

SHARE what you are doing with your community and request donations. Consider preparing a letter to hand out, a video to send via e-mail or a sign and box to post in a local business that may want to collect donations. Spread your message to as many people as possible and ask your friends and family to help spread the word.

ORGANIZE a volunteer work day. Go out and make final collections on your donations and package them for delivery. Take pictures of your volunteers and your piles of donations!

DELIVER to the organization you are helping! Find out if they might like you to stay to organize the food if it's a food drive, or read to the children if it's a hospital or spend social time with the elders if it's a senior home.

HOW TO CONTINUE THE EFFORT:

FOLLOW UP » Figure out how to keep on caring and sharing through out the year.

REFLECT » Take a moment to reflect on your experience. How does it feel to help?

GIVE THANKS » Send a note of thanks to all your volunteers and donors. Include pictures and your personal experience.

STAY IN TOUCH » Contact the organization you helped and find out if there is a way to continue helping throughout the year. Perhaps they have a volunteer opportunity in their organization that allows you to be involved on a weekly or monthly basis.

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