



Disney SECRET of the WINGS

Tinker Bell & Periwinkle's PUMPKIN PARTY KIT

Have a fun filled Halloween party, fairy style!

ADULT SUPERVISION IS REQUIRED FOR THESE ACTIVITIES

PARTY CAKES

INGREDIENTS:

- | | |
|---------------------------------|----------------------------|
| 2 cups whole wheat flour | 1 tsp. cinnamon |
| 3 cups shredded carrots | 1/2 tsp. nutmeg |
| 1/2 cup unsweetened apple sauce | 1 tsp. baking soda |
| 1 1/2 cups raw sugar | 1 1/2 tsp. vanilla extract |
| 2 eggs | 1/2 tsp. salt (optional) |
| 2 egg whites | 1 cup chopped pecans |
| 1/2 cup canola oil | |

FROSTING

INGREDIENTS:

- 8 ounces lite cream cheese
- 1 cup of confectioners' sugar
- 1 tsp vanilla extract
- 2 egg whites

DIRECTIONS:

- ★ Preheat oven to 350o fahrenheit
- ★ Using a large mixing bowl, Combine: eggs, egg whites, canola oil, sugar, apple sauce and vanilla.
- ★ Mix in: flour, baking soda, salt, cinnamon, nutmeg.
- ★ Stir in: carrots and nuts
- ★ Grease 2 muffin pans
- ★ Fill muffin cups halfway up
- ★ Bake for 40 to 50 minutes or until you can insert and toothpick and have it come out clean.
- ★ Use an electric mixer to combine cream cheese, egg whites, vanilla and sugar Beat until smooth.

TO ASSEMBLE CAKES:

- ★ Turn cakes upside down and cut in half horizontally
- ★ Apply frosting to the middle and top (formerly bottom) of your cakes
- ★ Garnish as you wish.

Makes about 25 small cakes.



SHIMMERING FAIRY WINGS



You can't be a fairy without a proper set of wings. And, just like snowflakes, no two sets are exactly alike. If you happen to know an aspiring fairy who is ready for her first wings, you can easily conjure up a set from a pair of sheer white tights and a few other basic materials.

YOU WILL NEED:

- | | |
|--|---|
| Wire cutters | Wide white sewing elastic |
| Tape measure | Two 4-inch squares of white felt |
| 16-gauge general purpose wire (sold in most hardware stores) | Faux white fur, white craft feathers, and/or white curly ribbon |
| Duct tape | Glitter glue |
| Sheer white tights | Small paintbrush |
| Hot glue gun | |



DIRECTIONS: Ask an adult to help you with this activity

- ★ Cut two 29-inch lengths of wire to use for the top set of wings and two 26-inch lengths for the bottom set.
- ★ Form a circle with each wire length, overlapping the ends by an inch and taping them firmly together. Make sure the edges of the tape are well pressed down so there are no rough edges for the wing material to catch on.
- ★ Stretch one of the legs of the tights over one of the larger circles so that the top of the wing fits snugly into the toe. (The wire circle will naturally narrow in the process due to the tension exerted by the stretchy material.) Gather the tight at the bottom of the wing, pulling it taut. Then cut the material 2 or 3 inches from where you are holding it and tightly knot it. Use the other leg of the tight to cover the second larger circle in the same manner. Cut the remaining leg portions from the tights (they should resemble short tubes) and use them to cover the smaller wire circles as you did the larger ones.

Note: Because there's no toe in these sections, first you'll need to turn each tube inside out, tightly knot the top, and then turn the tube right side out again.

- ★ Next, cut a pair of 18-inch lengths from the sewing elastic to use for shoulder straps. Glue the ends of each strap to the sides of one of the felt squares, as shown.
- ★ Glue the bases of a top and bottom wing securely to one side of the felt square (make sure you don't mistakenly glue down the elastic strap in the process). Glue the remaining two wings to the opposite side.
- ★ For the finishing touch, glue the second felt square on top of the wing bases and decorate it with faux fur, craft feathers, and/or ribbon.

Spoonful
courtesy of Disney

TINKER BELL LANTERN

Make a Tinker Bell lantern out of a pumpkin this Halloween!



Cut out stencil



Outline with marker



Score carefully from pumpkin

YOU WILL NEED: ★ Black Marker ★ Tape ★ Spoon ★ Knife ★ Scissors

:: How to make your Tinker Bell lantern ::

Step 1:

Make a lid for your pumpkin. Cut a circle or a hexagon at least 5 inches in diameter around the pumpkin's stem. Make sure to cut out the lid at an angle (so that the outside edge is larger than the inside) to keep it from slipping inside.

Step 2:

When the lid is free, scrape the inside of the pumpkin and the lid clean of seeds and pulp with a large metal spoon.

Step 3:

Ask an adult to help you cut out the Tinker Bell stencil along the dotted lines.

Step 4:

Tape your stencil to the pumpkin. Trace around the inside edge of the Tinker Bell

template and stars with your marker. Remove the stencil and tape. You can move the stencil around to trace more stars around your pumpkin. Repeat until you are satisfied with the number of stars on your pumpkin.

Step 5:

Ask an adult to help you use pumpkin carving tools to scrape away and remove the outermost skin of pumpkin (about 1/4 inch deep) inside the outline of the Tinker Bell shape.

Step 6:

Place an LED candlelight inside your pumpkin, put on the lid, turn out the lights and enjoy the glow of your Tinker Bell lantern!

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TINKER BELL HALLOWEEN LANTERN

Use this template to create your Tinker Bell Halloween lantern. Have an adult help you carefully cut around the edges of the stencil while keeping the outer areas (white) of the paper intact.

