



MY BABYSITTING CHECKLIST

When the adventure begins
you better be ready!

Home: Address: _____ Phone Number: _____
Parents will be at: _____ Time they will be home at: _____
Checking in with Mom & Dad: Time: _____ ☐ Text ☐ Call ☐ Leave a VM
Moms cell number: _____ Dads cell number: _____

Meals:

Snacks: _____ Bottle Instructions: _____
Meal: _____ Dessert: _____

Activities: _____

Nap/Bedtime: Nap Time _____ Bed Time: _____

Rules: _____

Passwords: Wifi: _____

TV: _____ Netflix: _____ Amazon: _____ Hulu: _____

Emergency - Call 911

Emergency contact: _____
Local Police Dept: _____
Hospital: _____
Pediatrician: _____



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BABYSITTING 101 QUIZ

**Are you ready for your own
Adventures In Babysitting?
Take the Babysitting 101 quiz to find out!**

1. What kind of TV programs would you watch while babysitting?

- A) Whatever you feel like watching.
- B) Only documentaries.
- C) It depends on the child's age and media rules of the family.

2. How do you go about cooking a frozen pizza?

- A) Microwave for 10 minutes.
- B) Heat oven to 425° and cook for 30 minutes.
- C) Read and follow the directions on the box.

3. What do you do if a stranger rings the doorbell or knocks?

- A) Open the door.
- B) Run out the back door.
- C) Ignore it.

4. What if the child you are watching wants to listen to music and dance?

- A) Ignore their request.
- B) Let them do it for 10 minutes.
- C) Put on some music and dance with them.

5. What if a friend calls or texts you while you are babysitting?

- A) Invite them over.
- B) Let them know that you are working and will call them back.
- C) Chat with them for 15 minutes.

6. What do you do if a child does not want to eat dinner but still asks for dessert?

- A) Show them exactly what they need to eat before dessert.
- B) Give them what they want to make them happy.
- C) Bribe them with money to eat their veggies first.

7. What do you do at bedtime if a child is afraid of monsters?

- A) Tuck them into their beds very tightly and tell them that monsters don't eat kid burritos.
- B) Turn on the lights, playfully look under the beds to assure them that there are no monsters. Then, peacefully read them a book until they fall asleep.
- C) Let them stay up and watch TV

8. The parents are running late to get home and you have plans to go out with friends?

- A) Call your friends and let them know you will be late.
- B) Call the parents and demand an explanation for their tardiness.
- C) Call someone to fill in for you.

9. The child accidentally spills their drink all over themselves and the kitchen floor?

- A) Make them clean it up.
- B) Tell the child it's okay and leave the mess for the parents to deal with later.
- C) Let the child know it's okay. Then, calmly, get them and the floor cleaned up.

10. The parent(s) return home?

- A) Take your money and run!
- B) Politely brief them on the evening and check in to see when they would like you to come back.
- C) Ask if you can hang out for a while and finish your movie.

Your babysitting grade:

Answers

6-A, 7-B, 8-CA, 9-C, 10-B,

1-C, 2-C, 3-C, 4-C, 5-B,

9/10 Correct = **A** You are a babysitting PRO!

8/10 Correct = **B** Not bad... and not a parent's first choice.

7/10 Correct = **C** Enroll in a babysitting course.

6/10 Correct = **D** Consider a different line of work.

5/10 Correct = **F** You should avoid small children.



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TOTALLY RAD 80s



Movie Party!

Rock your very own 80s style viewing party with the 1987 hit movie **ADVENTURES IN BABYSITTING!**

DECORATE

Checkered tablecloth with neon napkins and plates! Make large posters with words like RAD, TOTALLY, LIKE, COOL, etc. and make them sparkle with a touch of glitter! Serve party foods like: pizza, popcorn chips & dip.

DRESS TO IMPRESS

BOYS: 2 polo shirts layered with the collars turned up! Button down shirt with a bolo tie. Sweater wrapped around shoulders, T-shirt with blazer (pastel colors) Tokyo shirt with matching headband. Peg leg jeans, chino's, parachute pants, vans shoes, creepers, penny loafers with no socks.

GIRLS: Animal prints. Layered tank top with multiple colors. Button down shirt with collar turned up! Off the shoulder t-shirt. Bustier. Stretch pants. Leg warmers. Footless stockings with mini-skirt. Gloves with fingers cut out (lace if possible) Socks - layer two pairs different colors then scrunch them. Pointy pumps with baby doll socks.

DIY PHOTO BOOTH

DIY PHOTO BOOTH BACKDROP: Choose a brightly colored curtain or piece of glitter fabric to hang behind party-goers. Or, if you are an artist, you can get a white or gray sheet, some spraypaint and write, in graffiti style, retro words like: RAD, Kickin', Bad, Gnarly!

ADD LIGHTING: Add a couple of simple spotlights or theme it with a black light and a disco ball!

FLOOR: Sprinkle glitter or confetti on the floor.

MORE: Add fun splashes of neon with lipstick, brightly colored eye shadow, multiple bandannas (around wrists, headband, or tie on your thigh!) Also include: sunglasses, rubber bracelets (and lots of them), choker necklaces, one earring (stud or dangle, cross, star)

THINK BIG FOR HAIR! hair scrunches, hair bows, sideways ponytail, spiked, teased, and heavily hairsprayed! No matter what hairstyle you try, make sure you PUMP IT UP!

PROPS: Add a stand with an assortment of fun props for people to put on: Sunglasses, microphone, electric guitar, bandannas, glow sticks & necklaces, boom box, bubble gum, bubbles.

USE FUN WORDS AND PHRASES WHEN SPEAKING TO YOUR GUESTS:

Like, RAD, Righteous, Totally, Tubular, No Duh, kickin', I'm So Sure, Bad, Gnarly, Not Even / Even, Grody to the Max, Barf Me Out, Gag Me With A Spoon.

Ready to party!

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